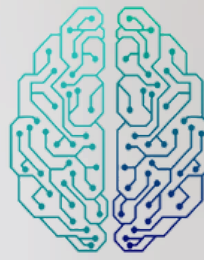


IFEN
NEUROSCIENCE
INSTITUTE FOR EEG-NEUROFEEDBACK

IFEN CERTIFIED NEUROFEEDBACK THERAPIST

**TRAINING
PROGRAMME**

neurofeedback-info.de



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THE CERTIFICATION

The IFEN Certified Neurofeedback Therapist programme is a comprehensive training designed to give professionals the skills, confidence, and certification to integrate EEG-based neurofeedback into their practice.

Through four structured modules you will learn the science, practice, and application of neurofeedback.

Our certification is based on international scientific standards and is valued by professionals worldwide.

OUTCOMES & BENEFITS

After certification, you will be able to:

- Apply neurofeedback confidently in practice
- Improve outcomes for conditions like ADHD, anxiety, depression, trauma, pain, sleep disorders
- Offer scientifically sound, non-invasive methods to support clients
- Join a growing international network of certified therapists

TARGET AUDIENCE

- Psychologists & psychotherapists
- Doctors & health practitioners
- Occupational therapists
- Educators & coaches who want to expand into neurofeedback

YOUR PATHWAY

01

Module 1 - Introductory Course (5 days, 40 EU)

Neurofeedback basics, EEG theory, clinical applications, and first hands-on training.

02

Module 2 - Practical Internship (5 hours, 7 EU)

Supervised practice in a clinical or partner setting.

03

Module 3 - Supervision (5 hours, 7 EU)

Independent practice with live online mentoring.

04

Module 4 - Final Examination (approx. 1 hour, 2 EU)

Online test confirming knowledge & practical understanding.

MODULE 1

INTENSIVE COURSE

(5 DAYS)

This comprehensive module introduces you to the foundations of neurofeedback. You will learn:

- The history and science of bio- and neurofeedback
- EEG basics and the role of different brainwaves
- How to assess and record EEGs using international standards
- Key neurofeedback protocols, including ADHD, stress regulation, and peak performance

Each day combines theory with practical training. You'll work directly with the software and equipment, gain self-experience, and practice real neurofeedback sessions.

By the end, you'll be able to run your first neurofeedback protocols independently.

MODULE 2

PRACTICAL INTERNSHIP

(5+ HOURS)

In this module, you deepen your practical skills in a real clinical or practice environment.

Under supervision, you will:

- Work directly with clients in partner clinics
- Gain experience with equipment and software handling
- Apply protocols and evaluate therapy results
- Strengthen your ability to link symptoms with EEG patterns

Internships are organized flexibly and can often be arranged close to your location through IFEN's wide partner network. Existing equivalent experience may also count toward completion.

MODULE 3

SUPERVISION

(5+ HOURS)

Module 3 allows you to apply neurofeedback with your own clients – supported by a personal supervisor.

Through online screen-sharing, your supervisor will:

- Observe your live sessions and provide real-time guidance
- Discuss and analyze your cases
- Help with protocol selection and troubleshooting
- Offer personalized advice for your practice

This ensures a smooth and confident transition from training to independent work with clients.

MODULE 4

FINAL EXAMINATION

(APPROX. 1 HOUR)

The final step is an online exam to confirm your knowledge and skills.

The exam ensures that certified IFEN Neurofeedback Therapists meet a high professional standard.

You'll receive your results immediately after the exam.

To prepare, IFEN offers the "IFEN 100" question catalogue covering all key topics.

THE IFEN

WHAT IS THE IFEN?

Founded in Munich in 2008 by Thomas F. Feiner, the Institute for EEG Neurofeedback (IFEN) is one of Germany's leading training institutes in neurofeedback.

With a strong commitment to excellence, IFEN combines cutting-edge scientific research with hands-on clinical practice, ensuring that every trainee is prepared to deliver meaningful results.

At IFEN, we believe that every brain is unique and deserves a tailored, holistic approach.

Our mission is to raise professional standards in neurofeedback, support scientific advancement, and empower therapists worldwide with the tools to help people live healthier, more balanced lives.

OUR MODERN CONCEPT OF NEUROFEEDBACK

- Academic rigor grounded in the latest research
- Practical, supervised training with personal mentoring
- A supportive international community of therapists and experts
- Continuous innovation through the IFEN Neuroscience Lab

For more than 15 years, IFEN has helped hundreds of therapists build successful careers in neurofeedback — and through them, has improved the lives of thousands of patients worldwide.

CONTACT US

FOR MORE DETAILS & REGISTRATION



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